

DesignHouse

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## It's Adventure Time! TOUGH MUDDER! I'm In!

### **PROBABLY THE TOUGHEST EVENT ON THE PLANET -**

[Tough Mudder](#) events are hardcore 20 km-long obstacle courses designed by British Special Forces to test your all around strength, stamina, mental grit, and camaraderie. With the most innovative courses and half a million inspiring participants, Tough Mudder is the premier adventure challenge series in the world.

You cannot complete a Tough Mudder course alone. To get through mud, fire, ice-water, and 10,000 volts of electricity you'll need teammates to pick you up when your spirits dip. To get over 3 m walls and through underground mud tunnels, you'll need teammates to give you a boost and a push. Tough Mudders are team players who make sure no one gets left behind....!!!



### **THE GIRLS ARE LOOKING FOR SPONSORS:**

*"As you think, so shall you become." – Bruce Lee*

*"I think I am drinking beer in an orange 'Tough Mudder' headband...!" – Jeanette Maynes*

Myself and my good friend Michelle Tayler (who is also crazy) will be taking part in the 'TOUGH MUDDER' event in Sydney on the 23rd of September this year. This will be one of our biggest challenges to date and we are looking for support and sponsorship to help us complete our task! For more information and to pledge your alliance to our cause and receive maximum exposure for your business please click [HERE!](#)

**Any support will be gratefully appreciated!!!**

A huge thank you to the [24HR GYM](#) who has sponsored our entry tickets!! We will be completing all our intense training at the gym over the next few weeks .... only the best gym, support and equipment in town will do for us girls!!

Another huge thanks to [Jaye Marshall Personal Trainer](#) who is joining to SMASH me (Jeanette Maynes) even further into shape!

Plus a huge thanks to Steve from [Graphic Screenprinting](#) who will have offered to print our event t-shirts!

[Twenty Four Hour Gym](#) | [Jaye Marshall Personal Trainer](#) | [Core Water Sportz](#) | [Design House](#) | [Jeanette Maynes Personal Trainer](#) | [Hervey Bay Dental](#) | [Graphic Screen Printing](#)

[Information via [Tough Mudder!](#)]

## 'Wussup!' Core Watersportz - Fraser Coast

Logo, Business Cards & Facebook design.

### Ever tried Stand Up Paddle Boarding?

I have and it's Awesome fun!

I've been out a couple of times with Michelle and her knowledge and instruction was fantastic! .. she had me standing up and down on the board in no time without falling off and I completed a successful 3km paddle on my second try!

**Need a lesson or just some cheap sessions on the water? ... Then take advantage of Michelle's current promo! SAVE 50% - 10 x 1 hour sessions only \$220!** (normally \$440 - only \$22 per hr!)

*My experience with Jeanette at Design House was exactly as promised. The graphic design process was very collaborative and the result was better than I had envisioned – the design was beautiful, functional and appropriate. The positive reaction to my logo and business cards has been overwhelming. Jeanette strikes a perfect balance between formal professionalism and youthful energy. Every time I had a question Jeanette responded within hours and usually within minutes - night or day. I couldn't be more delighted. Thank you Jeanette.*

- Michelle Tayler | Owner

Core Watersportz on [Facebook!](#)

View artwork [Here!](#)



## The North Pole Shoppe! - North Queensland

Logo, Business Cards, Facebook & Website (shopping cart) design & development.

"Having a daughter like Fontaine is inspiring!!! Pole Fitness has taken the world, and me, by storm, and although, initially, her dream and mine was to open a pole fitness studio in Townsville, her intrastate, interstate and international training programs have instead culminated in the creation of The North Pole Shoppe, an online store that caters to this new regime.

We are pleased to announce our collaboration with Pleaser USA and Royal Leather Works, two organisations who provide the exquisitely designed and manufactured shoes and crash mats necessary to complement our pole fitness enthusiasts around the world.

Although still in the early stages of development our website will soon showcase the products which we know will be as attractive and innovative as the sport itself.

In the meantime, we'd like to welcome you to our [Facebook Page](#) and look forward to you sending us your good wishes for our exciting new venture.

Our thanks to Jeanette at Design House for bringing our dream to fruition!"

*Having an idea of what you want is all well and good, but when it comes to making that idea come to life, that's another story! I knew what I wanted my website to look like but it took the magic of Jeanette Maynes to make it happen. Jeanette has the innate ability to decipher your ideas and provide you with a complete package that blends perfectly with your product range. From letterhead to business card to website and beyond, you can't go past Design House if you want a winning corporate image. Thank you Jeanette.*

**Nikki Nunnari | Owner**

**View artwork [here!](#)**

**View website [here!](#)**



## 24 / 7 for KIDS! Community Charity Event!

ATTENTION ALL BUSINESSES & [24 HOUR GYM](#) MEMBERS: '24 / 7 for KIDS' - DONATION TIME!!!

[24HR GYM](#) MEMBERS ARE GOING TO RUN A TREADMILL NON STOP 24HRS A DAY FOR 7 DAYS STRAIGHT!

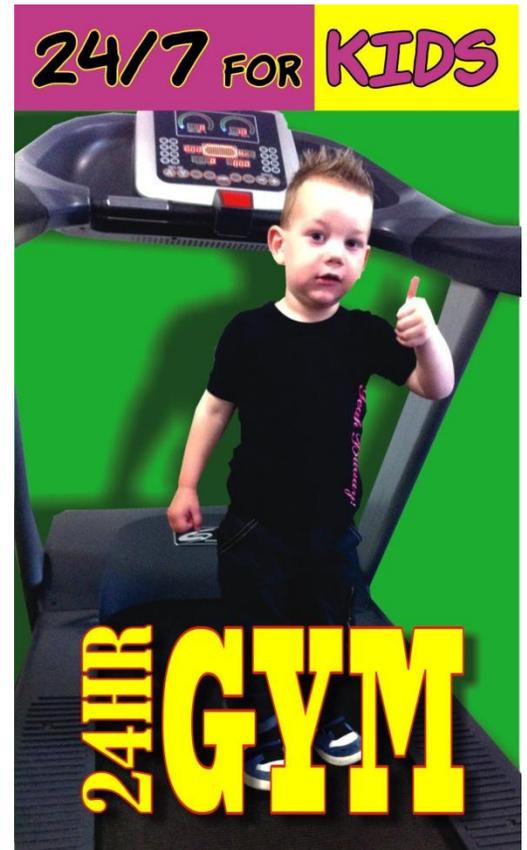
So **DONATE BIG** or better still do an hour on the treadmill, **VOLUNTEERS NEEDED**, roster at reception!

100% of money raised will be donated to THE HERVEY BAY PAEDIATRIC HOSPITAL!

Starts 12noon Sat 6th of Oct 2012! Come Down and watch the Mayor start the event!

Please email me at the Gym for more information: [jeanette@twentyfourhourgym.com](mailto:jeanette@twentyfourhourgym.com)

Artwork donated by [Design House!](#)



## Get Behind - Blue September

Blue September is a fun way of delivering a serious message about 'facing up to cancer in men'.

### Why BLUE?

Blue is for men and we lose too many of them to prostate, lung, skin, bowel and testicular cancer.

### Did you know?

1 in 2 Australian men will have been diagnosed with cancer at some stage of their life by age 85.

Each year, more than 22,000 Australian men die of cancer. Even though less than half of the Australian population are men, more men than women are diagnosed with cancer each year.

Some of the most common cancers causing death in men are: lung cancer, prostate cancer, bowel cancer, melanoma and testicular cancer.

Unfortunately the list doesn't stop there. There are many other cancers that commonly affect men, have



a high mortality rate and which are often preventable through lifestyle choices. These include cancers of the kidney, liver, head and neck, oesophagus and bladder.

**Help raise funds for cancer research and GET BLUE this September!**

**Help the ones you love in your life with education, support, donations or create a fundraising account!**

More info [here!](#)

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## **1,000 Business Cards \$150 + gst**

**ORDER NOW!**

Full Colour gloss front & full colour back!

**SAVE \$75**

EMAIL [info@designhouse.com.au](mailto:info@designhouse.com.au) for more info on how to order BUSINESS CARDS!!!!

Business card portfolio [here!](#)



## **Social Media!**

Keep up to date on [Facebook](#), [Twitter](#), [Linked In](#) or the Design House [Blog](#) for all the latest Design House News!



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